

Meeting of the Seniors' Advisory Council of Nova Scotia Minutes
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Thursday, October 24 2019 9:00 AM – 3:00 PM
Barrington Tower, Scotia Square, 17th Floor
Halifax, NS

ATTENDANCE:

Present:

Bill Berryman, *Retired Teachers Organization*
Alyson Hillier, *Retired Teachers Organization*
Ernestine Gouthro, *Nova Scotia Government Retired Employees Association*
Peter Kerr, *National Association of Federal Retirees*
Ron Swan, *CARP Nova Scotia Chapter*
Bill VanGorder, *CARP Nova Scotia Chapter*
Carol Rogers, *Community Links*
Claude Renaud, *Regroupement des Aînés de la Nouvelle-Ecosse*
Veronique Legault, *Regroupement des Aînés de la Nouvelle-Ecosse*
Merv Shaw, *Senior and Retired Doctors Section of Doctors Nova Scotia*
Simon d'Entremont, *Department of Seniors*
Faizal Nanji, *Department of Seniors*

Regrets:

Richard Malin, *Royal Canadian Legion, Nova Scotia /Nunavut Command*
Rita Connors, *Royal Canadian Legion/Nunavut Command*
Paula Wedge, *CARP Nova Scotia Chapter*
Bernard Conrad, *Nova Scotia Government Retired Employees Association*
Terry Donovan, *Federation of Senior Citizens and Pensioners*
Alma Johnston-Tynes, *Federation of Senior Citizens and Pensioners*
Michelle Langille, *National Association of Federal Retirees*
Margaret Casey, *Senior and Retired Doctors Section of Doctors Nova Scotia*
Helen MacDonnell, *Community Links*

Efficiency Nova Scotia Presentation –Barry Walker

Barry Walker presented to the group and took questions. Barry is going to send a copy of the presentation to Bill B. and Bill will forward the presentation to the group.

Lloyd Brown Discussion: The group then had a discussion with Lloyd Brown, former Executive Director with the Alzheimer Society of Nova Scotia. Lloyd spoke to the group about dementia followed by a round table discussion where the group could ask questions openly.

Welcome and Call to Order: Bill B. called the meeting to order.

Additions/Adoption of the Agenda: Agenda approved

Moved by Peter, seconded by Ernestine

MOTION CARRIED

Approval of the Minutes of September 26, 2019 Minutes approved

Moved by Ron, seconded by Bill

MOTION CARRIED

Action Items – None added

Business Arising from Minutes

Spring Information Campaign – Lyme Disease: Bill spoke to this topic. The group agreed on Dr. Strang’s proposal to develop messages to seniors as part of a spring campaign.

Engage NS – Measuring What Matters: Still working on this, will provide information once becoming available

Seniors Week Provincial Activities: Bill and Department of Seniors spoke to this topic.

Treasurer’s Report

The group discussed the report briefly and approved Claude taking over as treasurer.

Moved by Bill, seconded by Peter

MOTION CARRIED

Update from the Department of Seniors

SHIFT 2.0: Simon updated the group on this topic.

Minister of Seniors Resolutions during Senior’s Week: Lyndsay made copies of the resolution for the group with the Premier’s signature. Shalini connected with Alxys Chamberlain, Minister of Seniors Executive Assistant, and is waiting on the resolution that was signed by the Minister.

Telecoms response after Hurricane Dorian: Simon updated the group. Not all parts of Nova Scotia were prepared and thorough analysis will be done. Telecom will now have a seat at the emergency operations centre.

Simon showed the Nova Scotia Change Maker video featuring Cindy Oulton “Luffa Lady”

Guest Speaker: Fiona Gibb, Communications Advisor, Communications NS

Fiona and Faizal gave a presentation on the Positive Aging Directory. They took a few questions from the group after and invited input on ideas for the cover and education content ideas e.g., lyme disease awareness, etc.

Senior's Advisory Council Priorities 2019-20

Bill passed out a document on priorities received from seven organizations. The priorities from Community Links are:

1. Ageism
2. Promoting (supporting Age Friendly Communities)
3. Ensuring Older Adults are valued, active and engaged.

The priorities from Section of Senior and Retired Doctors of Doctors N.S. are:

1. Pharmacare
2. Dementia Strategy
3. Dental Care

ACTION: Bill asked that the group review all nine organizations' priorities for the next meeting.

Canadian Deprescribing Network "Making Meds Safer for Older Adults"

Bill B. and Peter spoke to this topic.

Dalhousie Medical Research Foundation – Using the Power of the Immune System to Fight Cancer

Bill spoke to this. Margaret attended the event and will speak on it at the December meeting.

Canadian Frailty Network Roundtable: Focus on Frailty in NS October 17, 2019

Bill attended the roundtable and Margaret attended the afternoon conference and will provide update in December. Bill will ask Dr. Kenneth Rockwood to attend a future meeting.

New Business

1. Treasurer – completed under Treasurer's Report

Roundtable

CARP, NS Chapter – Bill VG updated the group. Follow-up meetings from the recent Federal election. Planning underway for annual holiday social.

Regroupement des Aines de la Nouvelle-Ecosse – Veronique updated the group. Exploring opportunities to collaborate with CARP on initiatives and increase engagement in rural Nova Scotia. Received 5-year Federal funding for “Seniors Without Walls” for isolated seniors.

Retired Teachers Organization – Bill B. updated the group. Working with branch presidents to address concerns related to pension plan and potential changes. Members were very active in the recent Federal election.

Nova Scotia Government Retired Employees Association - Ernestine updated the group. Deputy d’Entremont spoke at annual convention that was held end of September.

Royal Canadian Legion, Nova Scotia/Nunavut Command – N/A

Federation of Senior Citizens and Pensioners – N/A.

Senior and Retired Doctors Section of Doctor’s Nova Scotia – no update.

Community Links – Carol updated the group. Held first every retreat at Oak Island Inn to bring board and staff together to begin work on their three new prioriteis

National Association of Federal Retirees – Peter updated the group. Will be attending district meeting on December 4th and 5th in Moncton.

Documentation:

1. Nursing Homes Get OK for Temporary Assistants
2. Seniors want bureaucrat out of the way

Motion to adjourn – Moved by Peter

***Future Meeting:** December 5, 2019